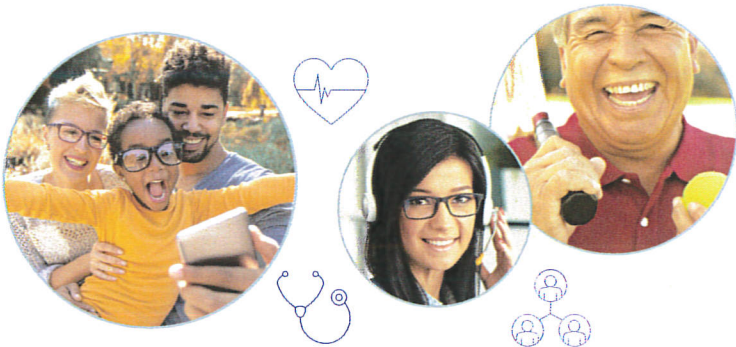


# We make healthcare easier



## Navigating the healthcare system can be a challenge.

Health Advocate offers a unique level of personalized support you won't find anywhere else. Our experts will do the work to ensure that you and your family get the right care and support – at the right time.

All at no cost to you.

Turn to us—we can help.

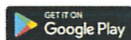
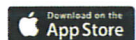


**866.799.2690**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)

Web: [HealthAdvocate.com/Railroad](http://HealthAdvocate.com/Railroad)

Download the app today!



Available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.

We're not an insurance company. West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.

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## Support for every type of medical condition

- Explain health conditions, diagnoses and treatments; research treatment options
- Answer questions so you can make the right choices for your care

## Coordinate medical care and additional services

- Facilitate any necessary pre-authorizations and coordinate benefits
- Provide in-hospital support and arrange post-discharge services and care

## Research and arrange second opinions and tests

- Identify and connect you with leading specialists and Centers of Excellence
- Arrange for the transfer of medical records, lab results and X-rays

## Take the hassle out of healthcare

- Find the right in-network doctors and make appointments
- Review medical bills to find errors or duplicate charges; resolve claims and billing issues

**HealthAdvocate<sup>SM</sup>**